

M	Т	W	TH	F
01	02	03	04	05
No School	No School	No School	No School	No School
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
08	09	10	11	12
	Homemade Seasonal Muffin	Overnight Oats	Fresh Fruit Smoothie	Chicken Biscuit Sandwich
No School	Chicken & Cheese Quesadilla	Lions Popcorn Chicken Bowl	BBQ Teriyaki Chicken w/ Rice	Cheeseburger on WG Roll
Snow Day Give Back Day	Black Bean & Corn Salad	Corn	Green Beans	French Fries
15	16	17	18	19
Fresh Fruit Smoothie	Egg & Cheese On A Biscuit	Baked Oatmeal Bar	Breakfast Burrito	Homemade Seasonal Muffin *Carrot Cake
Cheese Calzones	Beef Taco	Breaded Chicken Drumstick	Baked Potato Bar: Chili, bacon, broccoli, cheese sauce	Hot Ham & Cheese on a Pretzel Roll
Tossed Salad	Corn	Roasted Sweet Potatoes	Broccoli	Cucumber Slices
22	23	24	25	26
Homemade Chewy Granola Bar	Fresh Fruit Smoothie	Breakfast Burrito	Tator Tot Casserole	English Muffin Breakfast Sandwich
Cheese or Pepperoni Pizza	NYS Beef Hotdog	Brunch for Lunch: French Toast Casserole & Sausage	Homemade Macaroni and Cheese	Korean Turkey Sliders
Tossed Salad	Baked Beans	Homefries	Roasted Broccoli	Honey Ginger Green Beans
29	30	01	02	03
Homemade Seasonal Muffin *Carrot Cake	Overnight Oats	Fresh Fruit Smoothie	Chicken Biscuit Sandwich	Baked Oatmeal Bar
Whole Grain Cheese Stuffed Breadsticks w/	Chicken Fajitas	Homemade Chili, Fritos & Cheese	Tangerine Chicken with Rice	Cheeseburger on WG Roll
Caesar Salad	Black Beans & Rice	Corn	Green Beans	French Fries

# What is included in school lunch?

School lunch includes one entrée, two sides (including vegetables and fruits), and milk. Students may take all four components of the meal but must take at least three. One of the three must be a vegetable or fruit. The menu is subject to change. This institution is an equal opportunity provider and employer.

#### What does school lunch cost?

All schools in the Dryden Central School District will be eligible to receive a free healthy breakfast & lunch at no cost.

## What other options are available?

In addition to the featured entree at breakfast, we also offer local bagels from Bagelovers with cream cheese and vanilla yogurt. There are salad bars in the Middle & High School with fresh fruit, vegetables, and grains available daily. The salad bar is also available as a daily entrée option.

## At our secondary schools, the following additional options are available: Monday: Boars Head Ham Sandwich Tuesday: Fresh Fruit Parfait with Homemade Granola Wednesday: Italian (Ham, Salami, Pepperoni) Wrap

Thursday: Boars Head Turkey Sandwich Friday: Peanut Butter & Jelly

## Contact Us

We can be reached by phone at 607-844-8694 x4205 or email mmunson1@dryden.k12.ny.us

2024

#### Join Our Team

There's never been a better time to join our team. For a list of our current positions available, click <u>here</u>

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